



WOMEN IN IFAA
WBHC 2025 – SOUTH AFRICA

Queens of the Range

Sportsmanship Among Women in Archery

PRESENTED BY FRANSISCA VAN ZYL

More than a tournament

A movement of strength, spirit, and skill

A global sisterhood

A celebration of women in archery!



Heartwarming Sportswomanship Shot Reminds Us to Fix Each Other's Crowns

BY ASHLEIGH NEFDT @GOODTHINGSGUY MARCH 25, 2025



South Africa (25 March 2025) — At a recent netball event, a quiet moment of kindness and sportswomanship at its purest captured the attention of many. One player got down to the ground to fix the shoelaces of another girl. She was on an opposing team, but she decided to help her out anyway. The act was not difficult. It did not take hours, much skill or immense effort. And yet, it made for a rare sight.

The beauty of miss Viljoen's photograph is that it captures the simplicity of kindness in just one frame.

Because most acts of kindness need not be complicated. It is not always the long-winded, layered and lengthy acts that pierce through the heart and inspire tears in our eyes, but the simple ones. The ones we know we could do ourselves if the moment arose.

The Power of Camaraderie

Not just competitors – Allies

Archery connects us across borders
Small moments of kindness matter
“Queens straightening each other’s
crowns”



The Field Archery Challenge

The grid behind the grace

Terrain, weather, unknown targets

Physical & mental endurance

What we overcome together



. Sportmanship in Action

What support looks like

Sharing equipment, snacks, and smiles

Encouragement between shots

Celebrating each other's victories



Rising Together

Healthy Competition, Real Empowerment

We rise by lifting others

Becoming better *because* of each other

Not just stronger—stronger **united**



Queens in the wild

Fixing Crowns, Not Tearing Down

We mentor, encourage, and uplift

Strength + softness = our superpower

A culture we pass on to the next
generation



CROWNS AREN'T
MADE OF RHINESTONES.
THEY ARE MADE OF
DISCIPLINE, DETERMINATION
AND A HARD TO FIND ALLOY
CALLED COURAGE

The Heart of the IFAA

More Than Scores

It's about connection

It's about character

And it's about community



Closing Call to Action

Let's Keep Aiming High

As archers

As sisters

As queens

“We are IFAA. We are archers.
We are queens.”



Thank you!